

My Money Message, Part 2 - 10-21-2010

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"If you count yourself among those who believe that they may have made too many financial mistakes in years past, give yourself permission to change your perspective. You didn't make mistakes. Rather, you experienced a series of *mi\$\$ed-takes* that were cumulative, yes, but these past decisions do not have to define your financial well-being moving forward.

Those struggling to gain financial wellness need to know that it will require a different approach. Employing concrete methodologies to assist us in the process of recalculating our relationships with money is essential. Perhaps the most important step before you decide what to do with your money is to first understand how you feel about your money." ~*Excerpt from my book "Mind Over Money Matters: It's Your Money So Take It Personally"*™.

Every American was impacted by the Great Recession. For many it was a wakeup call that magnified the lack of sound money management in the average American household. There's a big difference between money mishaps and money *mi\$\$ed-takes*. I hope my book will provide progressive techniques for young and older generations to make a sustainable recovery.

Here's to your health and wealth.

"MIND OVER MONEY MATTERS: It's Your Money So Take It Personally"™ is available in bookstores November 9th

http://www.amazon.com/Mind-Over-Money-Matters-Personally/dp/0982758812/ref=sr_1_1?ie=UTF8&s=books&qid=1287034860&sr=8-1

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