

## Reflection\$ on the State of Our Union

by vcmorris - Thursday, February 03, 2011

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We may have our issues when it comes to the politics of our country but the message from President Obama's State of the Union address lingers with me: we've been stripped of our financial illusions and feel removed from our various 'favored status' positions otherwise known as our money comfort zones.

However grand or modest those zones might be - the reality is few of us can afford to stay in this "aftermath" state of mind in the continuing recession. Don't get me wrong. There have been huge gains made toward recovery. But everyone must take personal responsibility for figuring out their own needs. *Everyone's* not feeling recovered. *Everyone's* not free of the pain of severe financial strain. But *everyone's* ready for a real sense of being "OK".

So get a plan. The "aftermath" will be long and the only way to sustain your personal financial recovery is to stay vigilant. We can't afford to stay under the stress of this uncertainty for much longer.

So make a way for your recovery. As the Chinese philosopher Lao-Tzu wrote: "A journey of a thousand miles begins with a single step."

So be aware of the challenge. My grandmother from whom I learned the roots of my humanity would say: "Well intended promises are made on top of unspoken/unknown threats."

Committing to make conscientious, smart, informed money decisions is one thing; keeping the goals can be challenging. So fortify yourself. Money has no conscience. It depends on yours. Be a leader of one regarding your money future.

For more ways to get in the right frame of mind to better handle your money, order my book "Mind Over Money Matters: It's Your Money So Take It Personally"™ which is available now for Kindle and by pre-order for hard cover on Amazon <http://www.amazon.com/Mind-Over-Money-Matters-Personally/dp/0982758812/>

Here's to your health and wealth.